## **Course Syllabus**

Course Title: Opioid Awareness ONLINE

Course Duration: 1 Hour

Program: EMS Programs

Course Prerequisites: No Prerequisites

**Course Description:** This 1-hour course should be taken by all first responders of all experience levels – fire, police, EMS, EMA, and CERT. This course covers the expanse of the opioid problem locally in Illinois and nationally. It introduces prevention programs that are available in Illinois and information on Narcan – how to obtain it, what it is, and how to administer it. Upon completion of this course, the student will have an increased awareness of the opioid problem and what they can do to help.

#### **Course Requirements:**

Pre-Course Work – None Course Work – Online Class Post-Course Work – None

#### **Course Policies:**

**Safety Policy:** Students shall understand and follow all instructions pertaining to operational safety, as stated by instructors or as written in course materials. Instructors and students shall be mindful of safety at all times. Conduct judged to be unsafe shall be grounds for dismissal from the course.

Academic Integrity Policy: IFSI has the responsibility for maintaining academic integrity so as to protect the quality of the education provided through its courses, and to protect those who depend upon our integrity. It is the responsibility of the student to refrain from infractions of academic integrity, from conduct that may lead to suspicion of such infractions, and from conduct that aids others in such infractions. Any violation of the code of conduct is grounds for immediate dismissal from the course.

American Disabilities Act: As guaranteed in the Vocational Rehabilitation Act and in the American Disabilities Act, if any student needs special accommodations, they are to notify their instructor and provide documentation as soon as possible so arrangements can be made to provide for the student's needs. If arrangements cannot be made at the class site, the student will test at an alternate time and place where the special accommodations can be made.

#### Course Content:

Module: 1 Title: Background <u>Terminal Learning Objective</u>:

1. At the conclusion of this module, the student will describe the extent of the opioid problem nationwide and locally.

Module: 2 Title: Prevention

Terminal Learning Objective:

2. At the conclusion of this module, the student will describe the opioid abuse prevention programs that are available.

Module: 3

Title: Recognition

Terminal Learning Objective:

3. At the conclusion of this module, the student will describe what a first responder encounters when a person is suffering from an opioid overdose.

Module: 4

Title: Treatment

Terminal Learning Objective:

4. At the conclusion of this module, the student will describe ways they can help a person who is suffering from an opioid overdose.

#### Reference List:

Abderholden, F. A. (2019, May 24). *Lali's Law: Opioid-antidote bill advances to U.S. House floor.* Chicago Tribune. <u>https://www.chicagotribune.com/suburbs/lake-county-news-sun/ct-lns-lalis-law-congressional-vote-st-0429-20160428-story.html</u>

- American Medical Association (AMA). (2018, February 23). *How to use naloxone* [Video]. YouTube. https://www.youtube.com/watch?v=- xTKsHFBXII&feature=youtu.be
- American Red Cross. (2019, June 17). *Opioid and Narcotics Overdose Signs and Symptoms* [Video]. YouTube. https://www.youtube.com/watch?v=CkXEXsYWCIU&feature=youtu.be
- Centers for Disease Control. (n.d.). *Opioids*. CDC Opioids. Retrieved January 14, 2022, from https://www.cdc.gov/opioids/index.html

- Gamboa, C. G. (2017, January 22). Asking the right questions before taking prescription opioids. Addiction Now. Retrieved July 27, 2021, from https://www.drugaddictionnow.com/2017/01/22/asking-right-questions-taking-prescription-opioids/
- Illinois Department of Health and Human Services. (n.d.). *IDHS/SUPR Drug Overdose Prevention Program.* Retrieved July 27, 2021, from https://www.dhs.state.il.us/page.aspx?item=58142
- Illinois Department of Health and Human Services. (2019). *Recognizing and Responding to an Opioid Overdose* [Brochure]. https://www.dhs.state.il.us/OneNetLibrary/27897/documents/Brochures/45 59.pdf
- Illinois Department of Human Services, Division of Substance Use Prevention and Recovery. (n.d.). *Illinois Saves Overdose*. Illinois Saves OD. Retrieved July 27, 2021, from <u>https://www.ilsavesod.org/</u>
- Illinois Department of Human Services. (2016). *The Opioid Crisis in Illinois : Data and the State's Response.* http://www.dhs.state.il.us/OneNetLibrary/27896/documents/The\_Opioid\_C risis\_in\_Illinois.pdf
- Illinois Department of Public Health. (n.d.). *Opioids: Illinois' Other Epidemic Data and Reporting.* Illinois Department of Public Health IDPH Data. Retrieved January 14, 2022, from <u>https://dph.illinois.gov/topics-services/opioids/idph-data-dashboard.html</u>
- Lang, L., Anthony, J. D., Wallace, L. E., Yingling, S., et. al. (2015, September 11). *Public Act 99–0480: Lali's Law.* Illinois 99th Assembly. Retrieved January 13, 2022, from https://www.ilga.gov/legislation/99/HB/09900HB0001lv.htm
- Pollak, Andrew, Editor. (2022). *Nancy Caroline's Emergency Care in the Streets* (8th ed.). Jones & Bartlett Learning.
- Substance Abuse and Mental Health Services Administration. (2018). SAMHSA Opioid Overdose Prevention Toolkit. Illinois Department of Health and Human Services.
- TED Ed. (2020, May 7). What causes opioid addiction, and why is it so tough to combat? [Video]. YouTube. https://www.youtube.com/watch?v=V0CdS128-q4&feature=youtu.be

### **Course Schedule**

### DAY ONE

<u>Event</u>	<b>Duration</b>
Module 1 – Background	15 Minutes
Module 2 – Prevention	15 Minutes
Module 3 – Recognition	15 Minutes
Module 4 – Treatment	15 Minutes